



Share your life again

with
Shared Lives



“Doug and I like the same music – in our younger days we used to jive. We can always find something to laugh about.”

Brandon, Shared Lives carer

What is Shared Lives?

Shared Lives carers can give you a helping hand and company to keep doing the things you love, in the place you love!

Why is it unique ?

It's different to other kinds of care - you can visit or move in with an approved Shared Lives carer, someone that you and your family have got to know. Together you share home and community life.

Why choose Shared Lives?

Shared Lives helps people stay in the place they enjoy and with people they choose to spend time with. It's rated by inspectors as the safest and best quality form of care you can find.

Who is it for?

You could be living with long-term health conditions, dementia or coming home from hospital and need extra support.

Why does it work?

When you choose who you are going to share with, and are part of a family again, you stay independent for longer, recover more quickly and do more of the things you enjoy.

How do I know it's for me?

Shared Lives is great if you would like to live in an ordinary home with people you choose. It's flexible, consistent and made to suit you.

It could be just for a day, for an overnight break, for a few weeks after hospital, or for as long as you enjoy living together.

Your local regulated scheme will help you choose an approved Shared Lives carer.



our **lives** get better
when they're **shared**

To find out more contact:

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