



Information Leaflet

Training for family carers of adults with autism to develop new approaches to support their family member.

Positive Pathways can offer you the chance to :

- Improve family life
- Get behavioural advice for your family member
- Meet other family carers

An opportunity to receive free training, support and advice from The Positive Behaviour Support Team.

Funded by The Scottish Government's Autism Development Fund.

Training Programme

The training will consist of **5 workshops**. These 5 workshops will be held one day per month over the months of September, October, November 2012 and January and February 2013.

Workshop and presentation topics will include:

- An introduction to autism
- Developing communication
- Reducing challenging behaviour
- Increasing self management techniques
- Addressing specific problems
- Improving social skills

These workshops will be small informal groups for families to share their experiences with other families - if they wish. No work is required for the workshop but there may be new approaches to try back in the family home between workshops.

Times of Workshops

You will be asked your preference when booking.

Training locations

The training will be held across Scotland in local venues. Venues will be confirmed once all applications have been received.

Attendance

Each workshop will refer to the learning from the previous one so we ask that you commit to attending all of the workshops in order to benefit fully from the programme.

Training Materials

All resources will be provided and will include a resource pack of useful information, advice and support guidelines.

The Positive Behaviour Support Team

Positive Pathways will be provided by our Positive Behaviour Support Team. Members of the team have a wealth of knowledge and experience in autism and they have an extensive knowledge of the Positive Behaviour Support model.

The team is unique within social care in Scotland. *Our team support and develop our staff through training so that they can provide better support. Their work also improves individuals' and families' quality of life. For the first time we are able to share this expertise with family carers.*

The team was the winner of the Award for "Innovative practice in Positive Behaviour Support" from the British Institute of Learning Disabilities.

The Behaviour Support Advisors will work closely with **you** to problem solve and find solutions that will fit for **you**.

Anne MacDonald
Positive Behaviour Manager



Caroline Shaw
Behaviour Support Advisor



Marie Thomson
Behaviour Support Advisor

How to book onto the training programme

Application forms can be found on The Richmond Fellowship Scotland's website www.trfs.org.uk or you can complete the attached application form.

Please have your application with us by Friday the 20th of July 2012

What happens once you have applied?

A member of the Positive Pathways team will be in touch to discuss your application.

Contact Details

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The Richmond Fellowship
Scotland



The Scottish
Government



THE Positive
Behaviour
SUPPORT TEAM