"Doug and I like the same music – in our younger days we used to jive. We can always find something to laugh about."

Brandon, Shared Lives carer

### Our lives get better when they're shared

#### **(**) 0151 227 3499

☑ info@sharedlivesplus.org.uk



www.sharedlivesplus.org.uk

## Start your shared life

Open up your heart and home to a local older person who needs some help, care and friendship and loves your community like you do. It could be for an afternoon, an overnight stay or longer.

You'll be paid a fixed amount to share your life, rather than an hourly rate, and benefit from preferential tax arrangements.

And it's not just the person you'll be sharing life with... there's a whole network of Shared Lives carers to lean on!



#### To find out more contact Lorna Isbister:

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- ☑ ldonoghue@trfs.org.uk
- (10) www.trfs.org.uk

# Open up your heart

### with Shared Lives



### A new challenge

Looking for a new challenge? Want to work in your unique part of the world?

### Share your life

Share your life and enjoy...

- A paid way of life at home
- Supporting someone to live their own life as part of your community
- Using your caring skills



### How does it work?

Doug visits Brandon, his Shared Lives carer, for support with his dementia. It's also a respite for Doug's wife, Iris, of 54 years. Iris explains:

"I couldn't manage without the weekly support. Doug enjoys being with Brandon and that means a lot to me."

They enjoy the same sense of humour and Brandon supports Doug to do the things that matter to him. Iris adds, "When Doug is out with Brandon it gives me peace of mind, a chance to catch up with myself and I've seen an improvement in him. I really wouldn't want to be without Shared Lives."